

Limited Seats - Register Today

# ਸਮਾਗ-2023

## NATIONAL SEMINAR CUM WORKSHOP

ON

### MARMA CHIKITSA

28-29 April 2023

ORGANISED BY

Centre for Human Resource Development  
And

Department of Rachana Sharir  
Post Graduate Institute of Ayurveda, Jodhpur

VENUE:- “Sushruta Auditorium”

Dr. Sarvepalli Radhakrishnan

Rajasthan Ayurveda University, Jodhpur



Prof. (Dr) Pradeep Kumar Prajapati  
Hon'ble Vice-Chancellor



EXPERT  
Prof. (Dr) S.K.Joshi  
Hon'ble Vice-Chancellor, UAU



Prof. (Dr) Mahendra Kumar Sharma  
Principal, PGIA, Jodhpur



Prof. (Dr) Rajesh Kumar Sharma  
Dean Academic, PGIA, Jodhpur



Dr. Rakesh Kumar Sharma  
Director, CHRD- DSRAU, Jodhpur

## ABOUT UNIVERSITY

This University was established in 2003 to provide a significant niche in the education and research of Ayurveda, Homeopathy, Unani and Naturopathy & Yogic Sciences. Since then University has progressively emerged as a leading institution in AYUSH health care system in India. The University is committed to create an ambience for nurturing innovation, creativity and excellence within its students. We strongly support to work in the field of interdisciplinary research and development for the benefit of Academicians, Clinicians, Researchers as well as for the Society.

We emphasise on developing all round leadership skills. We are proud to say that the University is an ideal place to exploit the synergy within the Ayurveda System of Medicine. By doing so, we believe that the University will continue to create unique and noble programs to make significant contributions in the development of Ayurved. We are confident that all our efforts will grow into remarkable epitomes of achievements in the larger academic parlance. We hope that our efforts will produce fruitful results in all the major areas of Ayurved viz. academic innovation, top-tier journal publications, citations and technology developments.

## ABOUT MARMAGYA 2023

Rachana Sharir stands as an important pillar of basic principles and knowledge of Ayurveda. Sharir means Human body and Rachana means structure, so Rachana Sharir is the branch of Ayurveda which deals with the knowledge of structure of human body. Hence it is one of the fundamental subjects. Department of Rachana Sharir is engaged in teaching and research of fundamentals of Ayurvedic anatomy (Rachana Sharir) which is an extremely inevitable & important subject for an inquisitive practitioner and researcher of Ayurveda.

Marmas are vital points known as the centers for Prana. They can be used specifically for longevity & promoting health as well as the diagnosis & treatment of disease. Marmas are integral asset to all Ayurvedic therapies from simple self-treatments to complex clinical procedures. It can be used along with different Ayurvedic modalities for various diseases. It is developing as an extra-ordinary treatment therapy for acute relief in Pain Management. As a result, Marma Chikitsa is fast emerging as a choice of better treatment in the society day by day. Therefore, we invite you all at DSRAU Campus, Jodhpur for Live Patient Oriented Workshop and Demonstration Program on Marma Chikitsa along with specialized training by World fame Marma Chikitsa Specialist Prof.(Dr.) Sunil Kumar Joshi.

## PROGRAMS HIGHLIGHTS

- Live Patient Oriented Workshop & Demonstration of *Marma Chikitsa*.
- Scientific sessions of Marma Sharir and its Anatomical Aspects.
- Paper and Poster Presentations.

## TOPICS FOR PAPER AND POSTER PRESENTATION

- Role of Marma Chikitsa in Bal Roga.
- Anatomical Concept of Marma Chikitsa.
- Concept of Marma and its Applied aspects.
- Marma Chikitsa w.r.t. to Panchkarma.
- Marma Chikitsa & Ayurveda.
- Concept of Marma Chikitsa and its Modern co - relation.
- Clinical significance of Marma Chikitsa.
- Pain management Through Marma Chikitsa.
- Role Of Marma Chikitsa in Life style disorders.
- Marma Chikitsa w.r.t. to Acupressure and Acupuncture.

## FORMAT FOR ABSTRACT/FULL PAPER

Abstract Must Be In Structured IMRAD Format with 3-5 keyword.

Length of the abstract shall be 250 words with each word of Title's First Letter Capitalized in Times New Roman font size 14 Bold with center alignment.

The main text of the abstract and full paper should be written in Times New Roman 12 points font and Justified alignment .

Name of all authors should be written in initial letter of the word capitalized in 12 points Times New Roman font.

The oral presentation must be prepared in PPT form. PPT presentation should not exceed beyond 5 mins.

**NOTE :-** Abstracts and Full Paper will be accepted only in Microsoft Word File(.docx).

## POSTER PRESENTATION

- Poster size 3 ft. x 5 ft. with one hole on each corner.
- Poster should be preferably of Flex Material.
- Title of the poster should be at the top and name of author at the bottom of poster.

**Last date for abstract & Full Paper Submission 20 April 2023  
to be Mailed on - [marmagya23pgia@gmail.com](mailto:marmagya23pgia@gmail.com)  
Certificates will be provided to all the participants.**

## ORGANISING COMMITTEE

### Patron:

Prof. (Vd.) Pradeep Kumar Prajapati (Vice Chancellor)

### Co-Patron:

Smt. Seema Kaviya (Registrar),

Sh. Mangala Ram Vishnoi (Finance Comptroller)

### Organizing Chairman:

Prof. Mahendra Kumar Sharma (Principal, PGIA)

### Co-Chairman:

Dr. Rakesh Kumar Sharma, (Director, CHRD)

### Convener:

Dr. Shyoram Sharma (Associate Professor)

### Organizing Secretary:

Dr. Navneet Dadhich (Assistant Professor)

### Co- Organizing Secretary:

Dr. Amit Gehlot (Assistant Professor)

### Coordinators:

Dr. Abhishek Dadhich (PG Scholar)

Dr. Hemendra Kumar (PG Scholar)

### Co-Coordinators:

Dr. Durga Shankar Gurjar	Dr. Kanchan Sharma
Dr. Krishna Kumari	Dr. Rakhi Chahar
Dr. Saroj Kaler	Dr. Mukesh Mahich
Dr. Pallavi Choudhary	Dr. Abhishek Sharma
Dr. Sanju Choudhary	Dr. Pooja Lakhial
Dr. Asha Gochar	Dr. Saurabh Rohila
Dr. Mukesh Kumar	Dr. Khushboo Sharma

### Help Desk (For Any Query)

9166216760

9828366635

9667596008

9602509535

7014489469

8209838809

## Institute Advisory Board:

Prof. Govind Sahay Shukla, HoD Dept. of Rasa Shastra  
Prof. Prem Prakash Vyas, HoD Dept. of Kaumarbhritya  
Prof. Rajesh Kumar Sharma, HoD Dept. of Kriya Sharir  
Prof. Pramod Kumar Mishra, HoD Dept. of Kaya Chikitsa  
Prof. Chandan Singh, HoD Dept. of Dravyaguna Vigyana  
Prof. Rajesh Kumar Gupta, HoD Dept. of Shalya Tantra  
Prof. Govind Prasad Gupta, HoD Dept. of Rog & Vikriti Vigyana  
Prof. A. Neelima, HoD Dept. of Prasuti Tantra & Stri Roga  
Dr. Devendra Singh Chahar, HoD Dept. of Maulik Siddhanta  
Dr. Gyan Prakash Sharma, HoD Dept. of Panchkarma  
Dr. Brahmanand Sharma, HoD Dept. of Swasthvritta  
Dr. Ritu Kapoor, HoD Dept. of Agad Tantra & Vyahvar Ayurveda  
Dr. Rajveer Singh, HoD Dept. of Shalakya Tantra

## ADVISORY BOARD

Prof. Sanjeev Sharma, Jaipur  
Prof. Mahesh Dixit, Udaipur  
Prof. M. Dinkar Sharma, Hyderabad  
Prof. GS Indoriya, Udaipur  
Prof. KN Singh, BHU  
Prof. SS Gupta, Patna  
Prof. Pranav Jyoti Baishya, Guwahati  
Prof. Neelam Gupta, Varanasi  
Prof. Sunil Yadav, Jaipur  
Prof. Jitendra Sharma, Udaipur  
Prof. Vijaylakshmi Gautam, BHU  
Prof. Gopal Sharma, Nagpur  
Prof. Vinod Choudhary, Nagpur  
Prof. Preeti Desai, Wardha  
Prof. Saroj Patil, Pune  
Prof. Kalpana Raje, Jamnagar  
Prof. Satish Vats, Kurukshetra  
Prof. Upendra Sharma, Paprola  
Prof. Naresh Choudhary, Haridwar  
Prof. Anoop Gakkhar, Haridwar  
Prof. Hemant Rai, Lucknow  
Prof. Gururaj Jahagirdar, Bengaluru  
Prof. BG Kulkarni, Vadodara  
Prof. Sachin Khedikar, Bhopal  
Dr. Nidhi Shrivastav, Jabalpur  
Dr. Seema Sachan, Bareilly

## PLACES OF TOURIST INTEREST IN JODHPUR

### (Distance from Railway station)

Mandor Gardan - 8.8 km	Meharangarh - 4.8 km
Jaswant Thada- 4.2 km	Toor Ji Ka Jhalara -1.8 km
Kaylana Lake - 8.3 km	Machiya Safari Park - 5.1 km
Surpura Dam- 11 km	Ummmed Palace Museum -4.5 km
Ratanada Ganesh Madir- 3.4 Km	

## REGISTRATION FOR CONFRENCE

### (Excluding Accommodation)

U.G. Graduates : 2000 INR

P.G./Ph.D./Faculty/ Other : 2500 INR

Spot Registration : 3000 INR Registration Fee  
Non-Refundable.

Registration Contribution will include - Two Breakfast, Two Lunch and One Dinner & Seminar kit.

Fee should be deposited By QR Code/NEFT/RTGS (through any Nationalized bank)/Google pay or Phonepe or Paytm in favour of:

A/c Name : Registrar, Dr. S.R. Rajasthan Ayurved University,  
Jodhpur

Bank Name : State Bank Of India, KARWAR, Jodhpur

A/c Number: 65237287139

IFSC Code : SBIN0051092

UPI ID : 90247995343@sbi



QR Code For Fee Deposit



QR Code For Registration